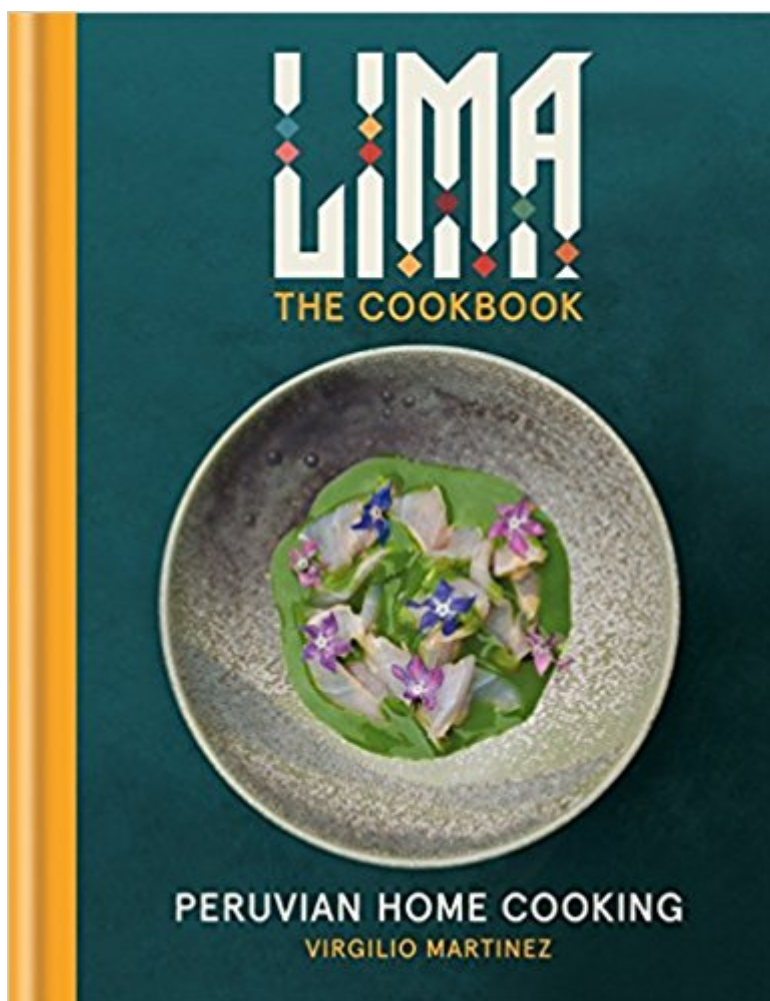




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LIMA Cookbook: Peruvian Home Cooking



Synopsis

The growing popularity of Peruvian cuisine throughout the world has made Lima, the capital of Peru, a destination city for food lovers. Virgilio Martinez is the most famous young chef in Peru. His restaurant Central, in Lima, is among the best in the world and he has opened two LIMA restaurants in the heart of London. With this collection of more than 100 of Virgilio's fuss-free, contemporary recipes you can cook this fresh, vibrant, healthy food at home using your local fish, meat and vegetables - plus the superfoods for which Peruvian food is renowned.

Book Information

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Customer Reviews

A virtually un-improvable meal – Matthew Norman, Daily Telegraph.

Virgilio Martinez (Author) Virgilio Martinez was the national skateboarding champion of Peru in the 1990s but, after an accident, decided to study law in Lima. During a holiday job, he discovered his passion for cooking, dropped out of university, and traveled to Canada and then London to become a Cordon Bleu graduate. After working for 10 years in Canada, Europe and Asia he became head chef of Gaston Acurio's restaurant in Bogota. Returning home, he opened his own restaurant, Central, in the Peruvian capital in 2010, now the number one restaurant in Peru (according to Summum, Peru's leading restaurant guide), and recently voted the number one best restaurant by Latin America's 50 Best Restaurants list and 15th position in The World's 50 Best Restaurant ranking. The 36-year-old chef also has two restaurants in London - LIMA and LIMA Floral - celebrating informal modern Peruvian cooking. LIMA is the UK's first and only Peruvian restaurant to be given a Michelin star in. Martinez also runs Mater Iniciativa - a foundation for research into, and

protection of, Peruvian food culture.www.centralrestaurante.com.pe<http://www.limalondon.com/>

Had the opportunity to eat in Virgilio Martinez's restaurant in Lima. This book is geared to the home cooked. It's fabulous

Great recipes from my youthful years in Peru. can't wait to try so many of them, especially the ceviche!

An excellent book written by an excellent Peruvian chef owner of the 4th best Restaurant in the world and the 1st best in Latin American. It is a book where you can get a great idea and recipes about AMAZING PERUVIAN CUISINE!

love it

Great book. The previous review talks bad about this book but I don't agree with that. If you are looking for a traditional book with Peruvian food this is not what you are looking for. This book is written by the one of the most prestigious chefs that Peru has (his restaurant Central is ranked as best in South America and 5th in the world). The type of cuisine he presents is very modern, innovative and resembles the great food that can be made in Peru with the broad variety of ingredients that are there. Some ingredients you won't be able to find them very easily but it's being creative and using the concept to apply it to your own reality and the ingredients you have available. If you love Peruvian food and want to try some new recipes that are completely out of the traditional but still with the same soul that Peruvian food has this book is for you. Give it a try

Another book for my Peruvian born daughter in law. She liked it. Knew the chef-author.

What a stunning book! Can't wait to try the recipes. I purchased this as a gift but I am about to buy another copy for myself!

Excellent!

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The Ultimate Peruvian Cookbook - Your Guide to Outstanding Peruvian Cuisine: Over 25

Mouthwatering Peruvian Recipes You Can't Resist LIMA cookbook: Peruvian Home

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